

PINEAPPLE PILATES - ZOOM & EQUIPMENT TIMETABLE

2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07h00- 08h00 Group Equipment	07h00 – 08h00 Semi-private	06h50 – 07h50 Group Equipment	07h00 – 08h00 Semi-private	07h00 – 08h00 Group Equipment	
08h20 – 09h20 at studio with ZOOM LINDSAY/LESLEY	08h20 – 09h20 Group Equipment	08h10 – 09h10 Semi-private	08h20 - 09h20 Group Equipment	08h20 - 09h20 at studio with ZOOM LESLEY	09h30 – 10h30 (from 29 March 2021) ZOOM ONLY LESLEY/TATUM
09h30 - 10h20 TATUM ZOOM ONLY 09h30 – 10h30 Semi- private LESLEY	09h40 - 10h40 Group Equipment	09h30 - 10h20 <u>34 SEQUENCE</u> at studio with ZOOM LESLEY	09h40 - 10h40 Group Equipment	09h40 - 10h40 mat class at studio with ZOOM LINDSAY	10h30 – 11h30 (until 28 March 2021) ZOOM ONLY LESLEY/TATUM
10h50 – 11h50 Group Equipment	11h00 – 12h00 Private / Semi-private	10h40 - 11h40 ZOOM ONLY LINDSAY/LESLEY	11h00 -12h00 Group Equipment	11h00 – 12h00 Semi-private / Private	
12h10 – 13h10 Private / Semi-private	12h20 – 13h20 Private / Semi-private	12h00 – 13h00 Private / Semi-private	12h30 – 13h30 Semi-private / Private	12h20 -13h20 Group Equipment	
13h30 – 14h30 Private / Semi-private	13h40 – 14h40 Private / Semi-private	13h20 – 14h20 Private / Semi-private		13h40 – 14h40 Private / Semi-private	
14h40 – 15h40 Private / Semi-private	15h00 – 16h00 Private / Semi-private			14h50 – 15h50 Private / Semi-private	
16h00 – 17h00 Private / Semi-private		16h00 – 17h00 Private / Semi- private		16h00 – 17h00 Private / Semi-private	
17h15 – 18h15 Group Equipment LIESEL/LESLEY		17h15 – 18h15 Group Equipment LIESEL	16h30 – 17h30 Private		
18h00 - 18h55 TATUM ZOOM ONLY mat class	17h45 – 18h45 MAT CLASS LINDSAY/LESLEY	18h00 - 18h55 LESLEY ZOOM ONLY mat class	17h45 – 18h45 MAT CLASS LINDSAY/LESLEY		